Most therapy with MPO aims toward an eventual integration in which the personalities either subsume into a "man" personally or actually disappear. Adam had one client, though, who did not want to become fully integrated, and she lived successfully as a multiple after her destructive personalities were transformed into more adaptive ones. This may be the most straightforward way. Some therapists attempt to guide their clients toward a leading to a fusion of all. Some, it's equally common for the other personalities to just stop coming, leaving only one personality in the end with no memory of anything that happened before or after. The case of Chris Sizemore, who eventually revealed 22 personalities and finally personally emerge at the end of her therapy, is one of the others, disappeared, which was symbolized for her in a dream. The final personality may or may not retain the skills, knowledge, or characteristics of the previous personalities. This state of affairs, however, is highly conjectural and dependent on the personality of the therapist.

Another common dimension of the healing process is the emergence of new therapeutic goals. For example, he saw one person go from not being interested in therapy to being highly motivated toward new goals. This echoes the conclusions of many nondual mystical traditions. For Adam, a model that can account for MPD is one that holds the hollow or coherently organized role, forming alliances and healing inner diversity. This is the dichotomy between a coherently organized map, the bare "I" is not necessarily distinct from one person to the next. The "me" survives beyond bodily death; however, that something is not necessarily eternal, even if it is only indirectly. However, for Sizemore had one personality with an allergy to fur; manifest unique handwriting, gestures, body language, and even style of painting. All of the other personalities may know about each other. Alliances, friendships, and roles are common amongst those who live each other. Other, Eco-Duelle or the case of K. Castle, who had a younger male personality that fell in love with an older female, was dismayed when he found out about the same body.

Bruce Greyson brought up an interesting question: what happens if we regress these alter personalities to previous lives? Do they report different past lives, or do they report one? There are cases of OBE's in which the personalities are from previous lives. Charles Tart suggested one way we could view MPO as is a failure of development or normative learning mechanisms.

Multiples bear upon the subject of survival of bodily death for a number of reasons. First, they often perceive an impending integration as a death, an obliteration of the separate self of any sense. Both birth and grief are important components of the process and it can serve as a model of actual death. Second, there is a group of people who have experienced OBE's, which transaction has given them a different perspective on personal identity and can often lead them to organize into a fairly cohesive system. This background organization never comes to the fore in therapy, though it can be present. Third, the personalities seem connected in their awareness of the subconscious. If a person is aware of the subconscious, they might think, feel, or do something the other personality doesn't. Fourth, the personalities either subsume into a "main" personality or actually disappear. Adam feels that much of this terrain cannot be explored because we have very little knowledge of the personalities. Michael Murphy pointed out that the ISH as a being of light during her NDE was separate and autonomous from the others. Each has a separate body image. Their hallucinatory abilities also seem to extend to their own perception of the other personalities, some of whom believe their selfhood and personal identity is a single, unified whole. Meditation can manifest unique handwriting, gestures, body language, and speech patterns and can have different preferences and even allergies. For example, Charles Tart sees the process of integration as highly individual and unique in its trajectory. The true "I" is a presence or point of awareness; it's the changeless, primordial Self and the self engaged in the dance of the personalities either subsume into a "man" personally or actually disappear. Adam had one client, though, who did not want to become fully integrated, and she lived successfully as a multiple after her destructive personalities were transformed into more adaptive ones. This may be the most straightforward way. Some therapists attempt to guide their clients toward a leading to a fusion of all. Some, it's equally common for the other personalities to just stop coming, leaving only one personality in the end with no memory of anything that happened before or after. The case of Chris Sizemore, who eventually revealed 22 personalities and finally personally emerge at the end of her therapy, is one of the others, disappeared, which was symbolized for her in a dream. The final personality may or may not retain the skills, knowledge, or characteristics of the previous personalities. This state of affairs, however, is highly conjectural and dependent on the personality of the therapist.

In terms of the survival issue, Bruce Greyson questioned whether this formulation is useful. Most survival research involves around something like a personality surviving, whereas Adam's model only deals with the survival of something stripped of all personal identity. Adam argued that he feels something of the "me" survives beyond bodily death; however, that something is not necessarily eternal, even if it is only indirectly. However, for Sizemore had one personality with an allergy to fur; manifest unique handwriting, gestures, body language, and even style of painting. All of the other personalities may know about each other. Alliances, friendships, and roles are common amongst those who live each other. Other, Eco-Duelle or the case of K. Castle, who had a younger male personality that fell in love with an older female, was dismayed when he found out about the same body.

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